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The Vitamin Cure for Diabetes

By Ian E. Brighthope

Basic Health Publications. Paperback. Book Condition: New. Paperback. 208 pages. Dimensions: 8.3in. x 5.2in. x 0.6in. Most people's diets are woefully inadequate for providing proper nutrition. Even good diets fail to deliver sufficient levels of nutrients. The Vitamin Cure book series highlights the safe and clinically effective use of vitamin supplements for a variety of illnesses. Research continues to prove the immense value of vitamins for maintaining health and fighting disease. The Vitamin Cure books, written by authors who are recognized experts in their field, deliver authoritative, up-to-date, and practical information on taking vitamins for particular health problems. There is an epidemic of diabetes and the problem is only getting worse. More than 220 million people worldwide have diabetes, and over 3 million people die from the consequences of the disease each year. Diabetes deaths will double by the year 2030. Diabetes mellitus affects the use of sugar (glucose) in the body, either because the body does not produce enough insulin or the cells do not respond to it. High levels of blood glucose become toxic to many tissues and organs and may result in blindness, kidney failure, brain and nerve damage, heart disease, and rapidly developing atherosclerosis. Fortunately, there is...



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