



Your Present A Half-Hour of Peace A Guided Imagery Meditation for Physical Spiritual Wellness

By -

Relax.Intuit (tm) LLC. No binding. Book Condition: New. Audio CD. Dimensions: 5.6in. x 4.9in. x 0.5in. Best Audios Award- Publishers Weekly, Highly Recommended -Library Journal, Best Original Work-Audie Awards Finalist, As Good As It Gets Issue - Town and Country, Terrific corporate gift! -Ann T. Buivid, president, Remington, Highly recommended. -Navy-Marine Corps Relief Society, The Best! -Canyon Ranch Living Essentials. With a voice described as liquid, stress-relief expert Susie Mantell has created a uniquely soothing relaxation experience for men and women in all walks of life. Like an easy chair, Mantell's exquisite narration gently releases tension, easing worry from sleepless nights. Clinically approved for health-related, work-related, chronic and traumatic stress, soft music enhances the warm, elegantly packaged narration. In today's stressful world, drift into the quiet place where worries dissipate, where healing begins. This item ships from multiple locations. Your book may arrive from Roseburg, OR, La Vergne, TN. Audio CD.



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